



Adult and Child Post-Doctoral Fellowships in Evidence-Informed Practice Group

Peninsula Behavioral Health (PBH; www.penbh.com) is a growing outpatient group private clinical psychology practice dedicated to providing high-quality, evidence-informed care to the San Francisco Bay Area and beyond. Our mission is to deliver psychotherapy in a highly client-centered, professional, and collaborative environment. In addition to general mental health practice, PBH houses several specialty sub-clinics, including eating disorders, trauma, women's wellness, child/family, and relationships.

PBH strongly values cultural humility and diversity. We seek to be sensitive to the many roles that diversity plays in our clients' lives, in the delivery of our services, and within our organization. We are committed to providing equal opportunity in all practices. We are currently seeking postdoctoral fellow(s) to join our team. Candidates with expertise in working with various forms of diversity and/or representing backgrounds typically underrepresented in the mental health field are encouraged to apply.

The clinical psychology postdoctoral fellowship at PBH trains clinicians to provide evidence-informed services in a group private practice setting. The program's mission is to provide excellent clinical supervision to help our fellows transition into highly skilled, ethical psychologists who will contribute high-quality evidence-informed practice to our field. Fellows are offered diverse clinical experiences with expert supervision and consultation from highly experienced clinicians in the Bay Area, many of whom concurrently hold positions at Stanford University, the Palo Alto VA hospital, or Palo Alto University. Our staff is skilled in a wide variety of therapeutic approaches and in working with diverse clinical presentations. Fellows may have the opportunity to gain expert supervision in CBT, ACT, DBT, CPT, PE, IPT, exposure therapy, and others.

Position(s) may be flexible regarding time commitment, ranging from half-time (caseload of approximately 10-12 clients) to full-time (approximately 20-24 clients). Trainees will spend the majority of their time engaged in client care, and will be provided with weekly individual supervision, weekly group consultation, monthly didactic training, independent learning opportunities, and a strong community of collaborative colleagues. Trainees will also be

provided with professional development and mentorship, as well as opportunities to learn about working in private practice. Trainees may set their own hours and manage their own schedules. Fellows must make a 12-month commitment and they may be invited to extend their position beyond a year.

Qualifications include:

- A Ph.D. or Psy.D. from an APA-accredited program in clinical or counseling psychology
- Successful completion (or in-progress) of an APA-accredited internship
- Fellows must complete all requirements for their degree and register as a psychological associate in CA prior to beginning clinical training at PBH

Fellows will be provided with:

- Clinical experience and supervision hours needed for licensure as a psychologist in the state of CA
- Advanced training and supervision in evidence-informed practice preparing fellows for independent practice
- A steady flow of diverse patient referrals
- Stimulating weekly case consultation with supportive colleagues
- Mentorship
- Highly competitive compensation
- Healthcare benefits
- Retirement benefits
- A stipend to pursue independent learning opportunities
- Flexible work schedule

PBH seeks both Adult and Child Fellows:

Adult Track

PBH is seeking fellows with expertise in providing evidence-informed individual and group interventions to adults. In addition to the general clinic, fellows are welcome to join one or more specialty clinics. Candidates who do so will have the opportunity to gain supervision in these areas and attend the specialty consultation meetings.

Child Track

PBH also seeks fellow(s) to provide evidence-informed individual, group, and family interventions to children/adolescents and their parents. Areas of clinical expertise may include

mood and anxiety disorders, emotion dysregulation, ADHD and behavioral disorders, eating disorders, and/or learning and developmental disorders.

Virtual Care

We currently primarily offer services via videoconference. Candidates who wish to provide virtual therapy from other locations within the state of California while being part of an evidence-informed practice are welcome to apply (subject to the California Board of Psychology's regulations).

Applicants are invited to send a cover letter and CV to Alina Kurland, Psy.D. at alina@penbh.com.